Staying Connected

Tanglewood Hillsdale Community Association (THCA)
Newsletter—Fall 2021



Neighbours Recognition Day—As part of Neighbours Recognition Day on November 13th at 11:30am, the 33rd Annual General Meeting (AGM) since incorporation will be held either virtually or in person (depending on

safety precautions and pandemic protocols) for the purposes updating members on the Association's activities, finances, and to elected directors and officers. Stay tuned to the website and Facebook page for updates on this event. We hope to see you there!

The Association has four Committees: Management of the Centre, Finance, Communications, and Nominations & Recognition. It also has four task groups: Young at Heart Advisory, Traffic, Parks & Trail Maintenance, and Environment Stewardship. For the Association to renew itself, it needs new volunteers. The Board meets monthly, committees and task groups meet quarterly, or semiannually. Enquiries or expressions of interest can be forwarded to Graeme at

president@thca.ca.



Help us Go Green! - If you would like to sub-

scribe to our Staying Connected newsletter and receive direct program updates online, please email info@thca.ca with your first and last name, email address, full mailing address, and phone number to be added to our distribution list. We would also use this list to send alerts in case of emergency. Please note that the info will only be used by the THCA to communicate with subscribers/members. and the information will never be shared with any other persons or institutions.

Labour Day Community Corn Roast & Talent Show



When: Wed. Sept. 8 @ 5-7pm
Where: Online AND at the Tanglewood Community Centre

ALL participants must register to attend by completing this <u>Google Form</u>.

Thank you to Kieth Egli and NROCRC for helping finance this event! Prizes of gift cards will be provided by <u>Hard Stones Grill</u> and Tim Hortons. Local grocery stores will also be providing donations to purchase supplies.

You can register to join our online community get-together/talent show *OR* to attend inperson to play Bingo or watch a Monkey Rock concert. If you complete the Google Form to register by Sept. 4th, you will be able to receive six ears of uncooked corn for free that you can pick up on Tuesday Sept. 7, so you can cook it and eat it at home. To participate in the talent show, please send a video of your talent to events@thca.ca by Aug. 30th.





The mission of the Tangle-wood Hillsdale Community Association (THCA) is to enhance the quality of life, to promote community spirit, to represent the views of its membership, and to participate in charitable, educational and recreational activities.

Stay Connected with the THCA

- —Visit our website at www.thca.ca
- —Follow us on Facebook to www.facebook.com/ thcadotca
- —Contact the THCA President at president@thca.ca
- Contact the Staying Connected Editor at editor@thca.ca
- —Contact the Facility
 Manager (to rent space at
 the Tanglewood
 Community Centre) at:
 rentals@thca.ca

Around the Community



Neighbourhood Tree Inventory
Do you know how many trees
are in our neighbourhood? This
summer it's my job to find out!
The THCA received a grant this

summer to develop a local tree inventory. With front yards and parks completed, I've collected data on over 1,600 trees so far.

As a result of the emerald ash borer and the 2018 tornado Tanglewood-Hillsdale has a particularly low tree canopy. That's why we have partnered with the City of Ottawa to develop a tree planting strategy. Hopefully in the years to come we are able to develop creative ways to increase our neighbourhood tree canopy.

In the weeks to come, I will be knocking on doors in an effort to measure and identify trees in backyards. I appreciate your cooperation in this project and look forward to meeting you. — Patrick Peori

Street Library on Lansfield Way

First built in the spring of 2020, at the suggestion of his daughter, the beautifully blue street library outside of Bill Gibson's Lansfield Way home has flourished as avid readers strove to stay close to home during the pandemic.



While they originally filled it with their own books and had no real expectations for the library, the Gibson's have seen a lot of activity over the past year and have gotten rave reviews from neighbours. The library operates purely on the honour system and offers books for all ages (James Patterson novels and the Jack Reacher series go like hotcakes) as well as magazines and DVD's.

If you happen to be driving by Lansfield or visiting Medhurst park, be sure to stop by the little blue library on Lansfield Way. You can't miss it!

Positions Awailable!

Exterior Programs Manager—This position involves a commitment of about 9hrs./month. The position involves organizing outdoor or online programs (coordinating with facility management, promotions, hiring instructors, etc.), creating content for posters, and attending quarterly meetings. The position offers the ability to work from home, a quarterly gratuity of \$180, and colleagues who are supportive! The ideal candidate will have basic computer skills, show strong initiative, and have above average communication skills. If you'd like to make a difference in your community and are interested in this position, please send your resume to president@thca.ca.

Rink Supervisor—As the Rink Supervisor, you are a member of the Programs and Events team, providing outdoor fitness and recreation to neighbours and others of all ages by maintaining two sheets of ice. We seek adults for this position and the ideal candidate will have a clear availability, and also be available for maintenance. Last year, this position required a 177 hour commitment over the full season. Volunteers will augment your service for 1 ¼ hours on weekdays. Total compensation is \$5,200, divided bi-weekly. The Rink Supervisor must be in good physical condition as the position is physically demanding. Police clearance to assist vulnerable persons is also a must If interested, please contact president@thca.ca.

Nepean Rideau Osgoode Community Resource Centre (NROCRC) Youth Programming—The 750 CDF Tanglewood Project aims to support youth living in the Tanglewood Hillsdale community. Our work focuses on identifying training and workshop opportunities for youth and children to help them overcome pandemic related issues. For instance, we are currently running a four session drop-in program in partnership with YouthNet (YNRA) to learn how to cope with stress through creative writing activities. We also provide a bi-weekly youth sessions and community service hours to participating youth. For more information, please visit www.nrocrc.org.

Fostering an Active Lifestyle—Each of the last three issues highlighted a specific features of our neighbourhood: Environment Worth Conserving, a 20 Minute Neighbourhood, and a Safe Place to Dwell. This issue explores another feature—local leisure resources.



Our area boasts a community centre, three ball diamonds, two

tennis courts, two basketball courts, three play structures, two basketball courts, two outdoor sheets of ice (one for ice hockey), a ball hockey court, a volleyball court, a soccer pitch, and an 18-bed community garden. Not to be forgotten, the city parkette on Benlea Dr., which serves as a toboggan hill.

This article would be remiss if it did not mention the many multi-use trails running throughout our community. The Central Circuit is nearly 3km. in length. The Downsview Cres./Benlea Dr. section forms part of the Nepean Trail. Three of these trails are open in the winter – accessible via Woodfield Dr., Benlea Dr., and Dalehurst Dr. at Foxmeadow Lane.

There are many ways to stay active within our community. If you haven't done so already, we challenge you to explore the activities listed above—you won't regret it!



Staying Active on Community Pathways - In Tanglewood-Hillsdale, we have a network of walking/bike paths for your enjoyment. For the more adventurous, at Benlea (closer to Woodroffe) you can cross Hunt Club to the woods behind the Nepean Sportsplex.



Keep our Shared Greenspace Clean—Recently, we have found an increase in dog feces on laws, sidewalks, parks, and at mailboxes in our community. A friendly reminder to all dog owners—please pick up your dog's waste and return it to your home for disposal. Garbage pails, in particular those in our park where children play, are not for such waste. Thank you for keeping our environment clean and healthy!

Virtual Halloween Party

WHEN: Saturday, Oct. 31st

from 2:30-4pm WHERE: Online on your



computer or mobile device

Please email

events@thca.ca to request a link to join, to receive free craft supplies, and to send pictures of your carved pumpkins, costumes, and decorations by Oct. 30th at 1pm to be added to the slideshow.

Holiday Party

<u>WHEN:</u> Sunday, Dec. 12th from 2-4pm
<u>WHERE:</u> On your computer or mobile device (via Zoom)

Come have fun with Santa and neighbors. We will have a visit from Santa and if you want, you can go to a break out room for a private conversation with Santa.

We will also have Games, songs and a Gingerbread House decorating contest.

Email <u>events@thca.ca</u> for your free gingerbread house kit, more information, and to join this event.



In-Person Programs at the Tanglewood Community Center

Yoga—This Yin Yoga class is a slow-paced style. The goal is to stretch and not to stress. Please bring a mat and your mask.
When: Thursdays @ 7:30-

8:30pm

<u>Dates:</u> Sept. 16-Nov. 4 <u>Cost:</u> \$70 for 8 weeks (\$66 for THCA members)

Monkey Rock Music—Fun, entertaining music program for young children and their parents. When: Mondays, Sept. 27-Dec. 13

<u>Time:</u> 10-10:45am (1-2 yrs old), 10:45-11:30am (2-4 yrs old), and 11:30-12:15pm (0-1 yrs old)

Cost & Info: visit

www.monkeyrockmusic.com

Take of the Pounds Sensibly (TOPS) Weight loss group.

When: Tuesday, 7-8pm
Cost: Membership required
(\$36/year, \$3/week thereafter)
Info: marnadixit@gmail.com or
613-723-8365

Group Violin Lessons

When: Saturdays, 1 and 3pm To register, contact Sara Mastrangelo at senns1@hotmail.com or 613-798-6264

Private Violin Lessons with Sarah Williams

When: Monday, Tuesday or Wednesday from 4-6 pm Cost & Info: see website Ottawasuzukistrings.ca
To register contact admin@Ottawasuzukistrings.ca or 613-369-4376

Taekwando

When: Saturdays, 9am-12:30pm
Session 1: Sept to December
Session 2: Jan to March
Session 3: April to June
To register contact Pathipan
Sivarasa at spathipan@gmail.com or
613-915-709

Christ Kingdom Fellowship

When: Sundays, 3-6pm
For info contact 613-889-5831
or mathewbensy22@yahoo.com

Living Word Believers

<u>When:</u> Sundays, 9:30am-12:30pm For info contact 613-263-1275 or Tshingambo.mbundu@gmail.com

Virtual Programs

NROCRC Older Adults 55+ Seniors

When: Mondays, 4-6pm & Tuesdays/Fridays, 2-4pm For registration and Zoom details please call Zeba at 343-572-2474 or email ztaj@nrocrc.org.

Young at hearts 55+ on Zoom
When: 4th Monday of every month,
10am-12pm
To register call Rana at 613-5965626 or email rawni@nrocrc.org.

Online Seniors Chair Exercise (Webex needed)

When: Monday to Thursday, 2:30-3:30pm
Contact Savita at 613-226-5461 to register.

Check out our website
(https://thca.ca/covid-online-3rd-party-programs/) for virtual
programs that you can join. Visit
https://thca.ca/programs-and-events/ to see all in-person
programs available at our center this
fall.

Community Garden News—Please note that all garden plots are required to be cleaned out by the end of October. Those who have planted chives and rhubarb, and plan on have a plot next season, are not required to remove them.

Flower & Garden Contest Recognition—While most residents work to make their place beautiful, in doing so you contribute to making our 'hood a pleasing place to be. What makes choosing which homes to recognize a challenge is the timing of 'the garden tour'. This year blooms were earlier, and the lack of rain challenged neighbours to maintain their lawns while also conserving water. This year, by group, the homes being recognized are:

- Single Home: 124 Nestow Dr.
- · Semi Detached Home: 99 Benlea Dr.
- Newly Landscaped Home: 79 Woodfield Dr
- Townhomes: 196 Woodfield Dr and 59 D Woodfield Dr. (Tie)
- Garden Homes: 41 Greynam Ct.
- Homes with Rock Gardens: 61 Dalehurst Dr. and 5 Kedgewick Ct. (Tie)
- Two or More Homes Together: 113, 115, 117, and 119 Benlea Dr and 56 A to F Medhurst Dr. (Tie)

Photos of the gardens mentioned above can be found at https://thca.ca/programs-and-events/flowers-gardens/. Photos are also displayed at the Tanglewood Community Centre. Thank you Pauline Budd for taking the garden pictures! Winners will be recognized on at the AGM on Nov. 13. Thank you to all of those who keep their homes well appointed - you are building/maintaining a desirable neighbourhood in which to live.

THCA Membership Registration/Renewal Form

Our Community is a desired location to live, with a progressive Association recognized as a leader in the Ward and the City. That is because of dedicated, imaginative volunteers. Show them your encouragement and financial support by being a member.

If you're an existing THCA member looking to renew your membership, or are interested in becoming a member, please visit the THCA website at https://thca.ca/join-us/, or fill out the form below. Completed forms and payments (cash/cheque payable to Tanglewood Hillsdale Community Association) can be mailed to the Tanglewood Parks Community Centre (30 Woodfield Dr.) or dropped off in the mailbox outside of the front door.

manbox outside of the front door.				
Length of Membership (circle one):	1 yr (\$10)	or	3 yrs (\$25)	
Full Name:				
Address:			Postal Code:	
E-Mail :				
Phone Number:			<u> </u>	
Names household members:				